# Lancashire Autism Partnership Board Thursday 20<sup>th</sup> September 2018 10:00-12:30 pm Cabinet Room C, County Hall, Preston

<u>Attendees:</u> Kizzy Felstead, Jo Bebbington, Ellen Smith, Sue Austen, Victoria Wilson, Kate Silver, Rob Liversey, David Middleton, Melissa Coward, Nick Donkin, Ali Wilson, Gabi Shoreman.

<u>Apologies:</u> Helen Hughes, Sue Titterington, Rachel Snow-Miller, Neil Wilcocks, Stuart Sheridan, Liz Monks.

The minutes and the action log were agreed as an accurate record.

## 1. Discussion re producing a "Meeting Map" for the Board (Showing partnerships and links with other meetings/groups)

It was decided by the board that we should have more links and connections with other similar groups in order to raise more awareness of the board and also make a greater positive impact by working together.

Victoria – To create a map of all the different groups which meet with agendas which relate to Autism.

### 2. Kate Silver – Update on the training with LCFT and a more in-depth look at the content of Kate's research

Kate updated the group on how she was getting on with her training she felt that this was going well and currently had very positive feedback.

Kate updated the board that her training was scheduled to start in October with psychiatrists receiving it first. She briefly shared some of her knowledge of cognitive differences associated with autism, gained through many years of learning from autistic people and their families, as well as from academic research.

We spent some time becoming more aware of how we think. Kate talked about the importance of knowing about thinking and about how autistic people and people without autism may have different patterns of thinking, and different awareness of own thinking. We considered how 'flexible' (side to side) thinking may be helpful in managing some difficulties experienced by autistic people and about the potential impact of 'straight line thinking', which can lead to increased levels of fear and anxiety in some situations. We also recognised some benefits of straight line thinking ability, such as ability to adhere to routines and to focus exclusively on a task. Kate talked very briefly about how autistic people can be supported to learn and use a more flexible (side to side) way of thinking and how this can be useful.

Members of the board wondered once the training is being rolled out, who exactly will be able to access and receive this.

Kate – Email LCFT to try and get the costing of how much the training will be and who can access it.

#### 3. Future of the Criminal Justice Group

Victoria, Kizzy and Ellen have been trying to chase up the lead of the Criminal Justice Subgroup but haven't had any response back. The Board decided that the chairs need to arrange a meeting with Liz Monks and Kevin McClean to reinstate the Criminal Justice subgroup and review what their new priorities maybe and look into any updates from the Criminal Justice sector.

Victoria— Arrange a meeting for Ellen and Kizzy to meet with Liz Monks and Kevin McClean.

#### 4. Self-advocate representation on Board and subgroups

The board also felt that we need more self-advocates to attend the meeting which may change the discussions we have and give an opinion from a different view to others. This will be an agenda at the next meeting.

Communications group - to focus on getting more members Engagement from Voluntary Community and Faith Sector (VCFS), District councils and housing leads.

Kiran Banati – Take a lead on organising the Transition Subgroup.

#### 5. AOB

An issue around blue badges was queried, as to where the proposal for changing the eligibility criteria for the Blue Badge scheme to include people with non-physical conditions (Including Autism) It was agreed that Victoria will find out where the proposal is up to and report back to the board. People with hidden disabilities, including autism and mental health conditions will soon have access to Blue Badges, removing the barriers many face to travel.

Action	Date To Be	Completed Yes
	Completed By.	<u>/ No</u>
Victoria – To circulate subgroup updates to the board rather than having a slot in the agenda for each group to present their updates individually. This is obviously dependant on subgroup leads being proactive and circulating updates in a timely manner.	On Going	Ongoing
Victoria – To create a map of all the different groups which meet with agendas which relate to Autism.	27 <sup>th</sup> November	
Communications group - to focus on getting more members Engagement VCFS need reps District council and housing leads.	27 <sup>th</sup> November	Ongoing
Kiran Banati – Take a lead on organising the Transition Subgroup.	27 <sup>th</sup> November	Ongoing
Kate – To find out once the training is being rolled out, who exactly will be able to access and receive this.	27 <sup>th</sup> November	
Victoria – Arrange a meeting for Ellen and Kizzy to meet with Liz Monks and Kevin McClean regarding restarting the Criminal Justice Subgroup.	27 <sup>th</sup> November	

The date of the next meeting is the 27<sup>th</sup> November 2018 10am -12:30pm in The County Mess, County Hall, Preston, PR18XJ